



Patient Information and Practice Policies

What is Integrative Medicine?

Integrative medicine, as defined by the American Board of Integrative Medicine® (ABOIM) and the Consortium of Academic Health Centers for Integrative Medicine, is the practice of medicine that reaffirms the importance of the relationship between practitioner and patient, focuses on the whole person, is informed by evidence, and makes use of all appropriate therapeutic approaches, healthcare professionals, and disciplines to achieve optimal health and healing.

Services Provided:

Mountain Integrative Medicine, PLLC is an outpatient consultation practice in Integrative Medicine for adults and children. We provide specialized consultation in evidence-based integrative medicine for a variety of medical conditions in adults and children. We also work with people who would like to optimize their health using an integrative whole-person approach to wellness. Dr. Park also works as a consultant with medical practices which would like to incorporate integrative medicine information and/or modalities into their practices in a streamlined, time effective and cost effective way. Please contact Dr. Park for more information.

Dr. Park has Affiliate Medical Staff privileges at Mission Hospital and is available to see patients who are admitted to the hospital for integrative consultation if the patient or their provider request it. **Hospital consultations will be billed at the practice rates outlined in the Fee Schedule.**

All patients must have a primary care medical provider or specialty medical provider, as Dr. Park does not provide primary care medical services or emergency care. If the patient gives permission, Dr. Park will communicate with and coordinate integrative medicine care with the primary care provider and/or subspecialist. **Dr. Park is unable to refill prescriptions that were written by another provider.** Mountain Integrative Medicine, PLLC does not complete any forms for disability or insurance claims.

Office Hours:

By appointment on Tuesdays, Wednesdays and Thursdays. Dr. Park is available by phone outside of scheduled office hours.

Missed Appointments:

A deposit is **not** required to hold an appointment slot. However, if you need to cancel or reschedule a **new** patient appointment, **advance notice of 4 days is required** so that your time slot can be made available to the wait list. For **follow-up** appointments, advance notice of cancellation or rescheduling is **required at least 2 days in advance**. **Lack of advance notice or “no shows” for appointment will result in a charge of \$50 to you. Two missed appointments will require pre-payment in full for all subsequent appointments.**

Fees and Billing:

Please see the Fee Schedule for detailed information.

Dr. Park does not participate in insurance plans or Medicare. A “superbill” will be provided on patient request if they desire to file paperwork to their private insurance company. Patients may be able to take medical expenses as a tax deduction and should consult with their tax professional for more information.

Dr. Park has “opted out” of Medicare, which does not provide coverage for integrative medicine services. Under United States law, Medicare participants may **not** file a claim either to Medicare or to any secondary insurance they may have under Medicare for services provided by or the amounts they have paid to Mountain Integrative Medicine, PLLC- an Advance Beneficiary Notice for Medicare patients is provided that explains this further.

There will be a \$40. fee for returned checks.

Fees include one copy of the patient’s record if requested

Telephone and Email Communication:

Mountain Integrative Medicine, PLLC believes that the highest quality of care is provided in person. However, we realize that questions or concerns may arise outside of the medical office setting. **The first follow up appointment is required to be in person** unless significant circumstances dictate otherwise. **Telephone or videomedicine consultations and email questions are billed at the same rates as in-person care;** please see Fee Schedule for more details.

All email involving protected health information (PHI) is done using a HIPAA-compliant, secure and encrypted server for communication and patients are instructed on how to use the secure link for communication. **Mountain Integrative Medicine, PLLC is not responsible for breaches in security or privacy if patients choose to communicate PHI on a non-secure server.**

I, _____, certify that I have read the Patient Information and Care Policies information, that it has been explained to me, that my questions have been answered to my satisfaction, that I have read, reviewed and agree to the Fee Schedule and that I have received a copy of this form. I agree to abide by the policies above.

Signature _____

Date _____

Provider Signature _____

Date _____