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ph: 828.333.3339 fax: 828.254.3114  
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**PATIENT INFORMATION**

Name \_\_\_\_\_ Age \_\_\_\_\_ Date of Birth \_\_\_\_\_

Address \_\_\_\_\_ Email \_\_\_\_\_

Home Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Preferred contact phone number \_\_\_\_\_ Yes No

Provider can leave detailed message on cell phone voicemail \_\_\_\_\_

Provider can leave only name and phone number on cell phone VM \_\_\_\_\_

Provider can leave detailed message on home phone voice mail \_\_\_\_\_

Provider can leave only name and phone number on home phone VM \_\_\_\_\_

Provider can email messages such as appointment times/reminders \_\_\_\_\_

Provider may contact me at work \_\_\_\_\_

(initial here) \_\_\_\_\_ I understand that email messages with appointment times and reminders may not be encrypted or sent from a secure server but that any information about my condition, or follow up questions will be sent via secure encrypted email from Mountain Integrative Medicine, PLLC. I understand that if I choose to not reply using the secure/encrypted email link, that Mountain Integrative Medicine, PLLC is not responsible for breaches in protected health information, and that this responsibility to maintain integrity of secure encrypted information belongs to Privacy Data Systems, Inc.

Emergency Contact \_\_\_\_\_ Relationship to Contact \_\_\_\_\_

With whom may we discuss your account? \_\_\_\_\_

With whom may we discuss your medical condition? \_\_\_\_\_

Primary care provider name, **practice name**, phone and **fax number**:  
\_\_\_\_\_

Specialist(s) names, **practice names**, phone and **fax numbers**:  
\_\_\_\_\_  
\_\_\_\_\_

(initial here) \_\_\_\_\_ I authorize Mountain Integrative Medicine, PLLC to contact my primary care and/or specialist providers and provide them with a copy of my Integrative Medicine consultation.

Who lives at home with you? \_\_\_\_\_

Reason for seeking integrative medicine consultation? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



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Out of all your concerns/questions that you have, what is the top concern or question you would like to make sure we discuss/address today? \_\_\_\_\_

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Past Medical History- Please list any illnesses, hospitalizations or surgeries you have had and dates:

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Allergies: \_\_\_\_\_

Current Medications (name, amount, how many times a day):

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Current supplements/vitamins/herbs/protein powders (give brand name when possible, amount/day):

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Family History- Please list any illness for mother/father/siblings/grandparents (heart disease, hypertension, cancer, etc): \_\_\_\_\_

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Do you drink alcohol? \_\_\_\_\_ If yes, how much \_\_\_\_\_

Do you smoke or chew tobacco? \_\_\_\_\_ If yes, how many cigarettes/day? \_\_\_\_\_ If no, when did you quit? \_\_\_\_\_

Any recreational drug use? \_\_\_\_\_

Review of Systems- Please check the following symptoms that bother you frequently:

<input type="checkbox"/> high blood pressure	<input type="checkbox"/> difficulty swallowing	<input type="checkbox"/> liver disease
<input type="checkbox"/> glaucoma	<input type="checkbox"/> diabetes	<input type="checkbox"/> swelling in legs or ankles
<input type="checkbox"/> macular degeneration	<input type="checkbox"/> thyroid problems	<input type="checkbox"/> enlarged glands
<input type="checkbox"/> hearing loss or ringing in the ears	<input type="checkbox"/> irregular heart beats	<input type="checkbox"/> breast lumps/fibrocystic disease
<input type="checkbox"/> weight loss or weight gain	<input type="checkbox"/> chest pain	<input type="checkbox"/> menopausal symptoms
<input type="checkbox"/> fever/chills	<input type="checkbox"/> heart murmur	<input type="checkbox"/> joint pain
<input type="checkbox"/> seizures	<input type="checkbox"/> lung disease	<input type="checkbox"/> skin rashes
<input type="checkbox"/> headaches	<input type="checkbox"/> asthma	<input type="checkbox"/> difficulty urinating
<input type="checkbox"/> migraine headache	<input type="checkbox"/> chronic cough	<input type="checkbox"/> incontinence
<input type="checkbox"/> seasonal allergies	<input type="checkbox"/> nausea	<input type="checkbox"/> blood transfusion?
<input type="checkbox"/> dizziness	<input type="checkbox"/> abdominal pain or bloating	When? _____
	<input type="checkbox"/> diarrhea	

Are you currently using or have you used complementary/alternative/integrative medicine or modalities? If yes, what? \_\_\_\_\_

If child, please include the following information:

Birth History (number of pregnancies, issues during pregnancy, complications during/ after birth, birthweight): \_\_\_\_\_

Developmental History (did the child meet milestones appropriately, any concerns): \_\_\_\_\_

Anything else you think is important for us to know? \_\_\_\_\_