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Directions to Mountain Integrative Healthcare, PLLC

79 Woodfin Place, in the DMJPS/ Baird Building (brown brick building)
Suite 205-A
Asheville, NC 28801.
828-333-3339

From I-240 E, take Exit 5B/ Charlotte Street. At the light at the top of the ramp, continue **straight across** the Charlotte Street intersection onto Woodfin Place road- this is also the ramp to get back onto I-240.

Stay in the right lane and take a right turn into the parking lot for the DMJPS/ Baird Building (brown brick building).

Use the entry and parking around the corner from the Baird Investment entry and take the elevator to the second floor for Suite 205-A.

Take a **RIGHT** out of the elevator and a **LEFT** down the hallway- we are in Suite 205-A.- Dr. Park/ /Dr. Coward- Come through the entry door to the waiting area.

From I- 240 W, take Exit 5B/ Charlotte Street. At the light at the top of the ramp, take a left onto Charlotte Street and stay in the left lane- take the next left onto Woodfin Place road- this is also the ramp to get back onto I-240 E.

Stay in the right lane and take a right turn into the parking lot for the DMJPS/ Baird Building (brown brick building).

Use the entry and parking around the corner from the Baird Investment entry and take the elevator to the second floor for Suite 205-A.

Take a **RIGHT** out of the elevator and a **LEFT** down the hallway- we are in Suite 205-A.- Dr. Park/ /Dr. Coward- Come through the entry door to the waiting area.

PLEASE NOTE: When leaving the parking lot to return to Charlotte Street, it is a **two-way street and OK to take a left-hand turn**- it is not required to get on the on-ramp for 240 East even though it looks like that is the only option!