



138 Charlotte Street, Suite 203 Asheville, NC 28801
ph: 828.333.3339 fax: 828.254.3114
email: mountainintegrative@outlook.com

PATIENT INFORMATION

Name _____ Age _____ Date of Birth _____

Address _____ Email _____

Home Phone _____ Cell Phone _____

Preferred contact phone number _____ Yes No

Provider can leave detailed message on cell phone voicemail _____

Provider can leave only name and phone number on cell phone VM _____

Provider can leave detailed message on home phone voice mail _____

Provider can leave only name and phone number on home phone VM _____

Provider can email messages such as appointment times/reminders _____

Provider may contact me at work _____

(initial here) _____ I understand that email messages with appointment times and reminders may not be encrypted or sent from a secure server but that any information about my condition, or follow up questions will be sent via secure encrypted email from Mountain Integrative Medicine, PLLC. I understand that if I choose to not reply using the secure/encrypted email link, that Mountain Integrative Medicine, PLLC is not responsible for breaches in protected health information, and that this responsibility to maintain integrity of secure encrypted information belongs to Privacy Data Systems, Inc.

Emergency Contact _____ Relationship to Contact _____

With whom may we discuss your account? _____

With whom may we discuss your medical condition? _____

Primary care provider name and address _____

Specialist(s) names and addresses _____

(initial here) _____ I authorize Mountain Integrative Medicine, PLLC to contact my primary care and/or specialist providers and provide them with a copy of my Integrative Medicine consultation.

Who lives at home with you? _____

Reason for seeking integrative medicine consultation? _____



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Out of all your concerns/questions that you have, what is the top concern or question you would like to make sure we discuss/address today? _____

Past Medical History- Please list any illnesses, hospitalizations or surgeries you have had and dates:

Allergies: _____

Current Medications (name, amount, how many times a day):

Current supplements/vitamins/herbs/protein powders (give brand name when possible, amount/day):

Family History- Please list any illness for mother/father/siblings/grandparents (heart disease, hypertension, cancer, etc): _____

Do you drink alcohol? _____ If yes, how much _____

Do you smoke or chew tobacco? _____ If yes, how many cigarettes/day? _____ If no, when did you quit? _____

Any recreational drug use? _____

Review of Systems- Please check the following symptoms that bother you frequently:

<input type="checkbox"/> high blood pressure	<input type="checkbox"/> difficulty swallowing	<input type="checkbox"/> liver disease
<input type="checkbox"/> glaucoma	<input type="checkbox"/> diabetes	<input type="checkbox"/> swelling in legs or ankles
<input type="checkbox"/> macular degeneration	<input type="checkbox"/> thyroid problems	<input type="checkbox"/> enlarged glands
<input type="checkbox"/> hearing loss or ringing in the ears	<input type="checkbox"/> irregular heart beats	<input type="checkbox"/> breast lumps/fibrocystic disease
<input type="checkbox"/> weight loss or weight gain	<input type="checkbox"/> chest pain	<input type="checkbox"/> menopausal symptoms
<input type="checkbox"/> fever/chills	<input type="checkbox"/> heart murmur	<input type="checkbox"/> joint pain
<input type="checkbox"/> seizures	<input type="checkbox"/> lung disease	<input type="checkbox"/> skin rashes
<input type="checkbox"/> headaches	<input type="checkbox"/> asthma	<input type="checkbox"/> difficulty urinating
<input type="checkbox"/> migraine headache	<input type="checkbox"/> chronic cough	<input type="checkbox"/> incontinence
<input type="checkbox"/> seasonal allergies	<input type="checkbox"/> nausea	<input type="checkbox"/> blood transfusion?
<input type="checkbox"/> dizziness	<input type="checkbox"/> abdominal pain or bloating	When? _____
	<input type="checkbox"/> diarrhea	

Are you currently using or have you used complementary/alternative/integrative medicine or modalities?
If yes, what? _____

Anything else you think is important for us to know? _____
